

Malaysian Medics International™

# INTERNATIONAL AMBASSADOR INFORMATION BOOKLET

MALAYSIA • UNITED KINGDOM • IRELAND • AUSTRALIA • NEW ZEALAND



Malaysian Medics International ™

#### MALAYSIAN MEDICS INTERNATIONAL International Ambassador Information Booklet

First Edition, 2020

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www.malaysianmedics.org

#### ACKNOWLEDGEMENTS

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# **ABOUT US**

Malaysian Medics International (MMI) is an independent, student-led organisation established in 2013 at Kuala Lumpur. We connect, educate, and cultivate doctors of tomorrow from home and abroad via a common professional platform that provide opportunities for professional and leadership development.

Over the years, we have brought together a diverse community of 3000 medical students from more than 45 universities worldwide with our annual conferences and year-round workshops at more than 5 different countries. Through our student activism, Malaysian medical students are kept abreast of the healthcare landscape and pressing issues at home.

**MMI UNITED KINGDOM** 

#### OUR ESTABLISHMENTS

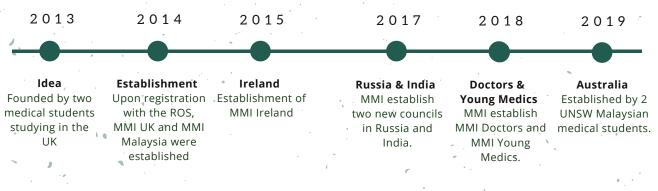
2014	MMI MALAYSIA
2014	MMI UNITED KINGDOM
2015	MMI IRELAND
2017	MMI DOCTORS
2018	MMI YOUNG MEDICS
2018	MMLAUSTRALIA

MMI MALAYSIA MMI DOCTORS MMI YOUNG MEDICS

MMI AUSTRALIA

### OUR HISTORY THIS IS HOW IT ALL STARTED

In 2013, two medical students studying in the UK, Dr. Jonathan Lee and Dr Low Zhi Yang conceived the idea of setting up a Malaysian medical society in the UK. This would later become a society that is not-for-profit, educational and would allow Malaysians studying abroad to connect with their home country and keep themselves updated with the Malaysian healthcare landscape. In 2014, Dr. Low Zhi Yang and his team founded and registered MMI with the Malaysian Registry of Society.



Under Dr Jonathan and Dr Low's leadership, the first conference, known as the Medicine in Malaysia Conference was organised, in collaboration with TalentCorp and United Kingdom and Eire (Ireland) Council of Malaysian Students (UKEC), and University of Malaya. It was only in 2015 however where MMI's first flagship annual Summit event was born. The Malaysian Medical Student Summit 2015 had garnered more than 1000 participants locally and abroad.

The same year, two iconic projects Specialising Opportunities Symposium (S.O.S.) and Making An Informed Decision (MAID) were organised. Both of which were succeeded by new instalments in the subsequent years.

In 2015, Dr. Jacie Law who was part of the original founding committee helped established the Ireland Branch Council.

Over the past few years, MMI has gotten massive attention by Malaysians studying abroad. MMI had later established 2 new branch councils in Russia and India. With the success of every MMI MAID, we saw a need to cultivate pre-medical students interested in healthcare, policy and organisation management. MMI Young Medics was later established as a Chapter under MMI Malaysia. Since 2018, MMI has been known to help cultivate students in leadership and skills that are pertinent to their future.

Past committees who had played pertinent roles in MMI saw the need for a council body dedicated to serving young junior doctors. MMI Doctors became that platform of opinions and advocacy.

Several passionate individuals saw the need to connect Malaysians in Australia via a common platform. Subsequently, MMI established the Australian council in 2019.

While MMI has expanded to other countries over the past 7 years, more than 100 projects have been carried out since. Today, we continue to connect, educate cultivate medical students locally and abroad under one roof through events, service and advocacy. **The organisational structure** of MMI consists of two distinct-level bodies, the Executive Council and the respective Branch Councils. The Executive Council plays an administrative and representative role for MMI while Branch Councils runs projects catered to their respective population.

The Executive Council is made up of the main Executive Committees alongside the Branch Council Presidents and Vice Presidents.

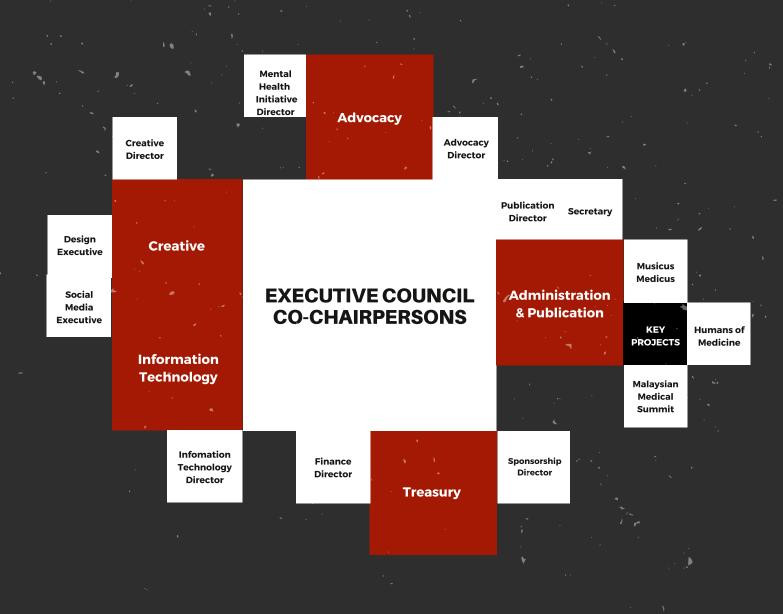
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EXECUTIVE

COUNCIL

ORGANISATIONAL

STRUCTURE



## OUR PEOPLE MEMBERS OF THE EXECUTIVE COUNCIL



DR. DARIEN LIEW Monash University Co-Chair



LOW WEN YAN University College Cork Co-Chair



SHEN YUNG TOH University of New South Wales Secretary



JIANG AN LIM University of Cambridge Treasurer



CHUA YIZHI Queen's University Belfast Info Tech Director



DR. SYAMEER FIRDAUS Monash University Advocacy Director



**DR. ARISHA EMILY YAP** Taylor's University Director of Mental Health Initiative



GOH WERN SZE Monash University Co-Creative Director



LOH HUI YUAN Monash University Design Executive



CHONG HUI YUAN Monash University Co-Creative Director



REBEKAH RHEMA Monash Üniversity Social Media Executive

.



WEI WEN TAN University of Aberdeen, President MMI United Kingdom



**HWU YUNG** University of Nottingham, Vice-President MMI United Kingdom

LIAU YUN HUI Trinity College Dublin Co-Chair MMI Ireland



NG KUAN YEE University College Dublin Co-Chair MMI Ireland



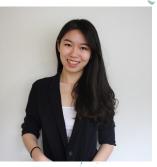
**DR. THUM CHERN CHOONG** Hospital Sultan Ismail President, MMI Doctors



University of Malaya Medical Center Vice-President MMI Doctors

### **MEMBERS OF THE EXECUTIVE COUNCIL**

The Executive Council is also made up of Presidents and Vice Presidents of the respective branch councils.



**CHIEW SIANG SIANG** Monash University President MMI Malaysia



HANUSHA DURGANAUDU Monash University Vice President MMI Malaysia



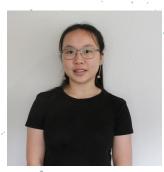
**IVANNA SIM TING MEI** University of New South Wales President MMI Australia



ANG ZHENG JIET Universiti Kebangsaan Malaysia President **MMI Young Medics** 

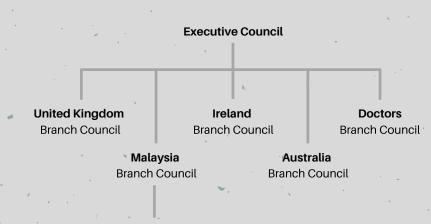


NUR FARISZAH University of New South Wales Vice-President MMI Australia



LOH PEY LIN NARISSA International Medical Unviersity Vice President MMI Young Medics

## BRANCH COUNCILS STRUCTURE



Young Medics Chapter Council

Presently, the Executive Council oversees 5 branch councils and 1 chapter council. While MMI Young Medics falls under MMI Malaysia, the Executive Council still oversees the overall branding and governance.

Each Branch Council, by constitution, is principally made up of a President, Vice President, Secretary, Treasurer, Event Director, Creative Director and Tech Support Director. Branch Councils have partial governance over their own council and therefore can decide on the framework of their overall council and projects. Each branch council are made up of populations familiar in their own territory, therefore they are self-sustaining.

With every up and coming country councils, their logos have made to signify their unique identity, whilst keeping the main MMI branding intact. We hope that by doing so, promotes diversity and creates variations that are unique locally and abroad.

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MMI Australia



Annual flagship events,

including the Malaysian Medical Summit, MMI MAID, Joint Conferences between MMI UK and

MMII.

2000

Our annual Summit has

been graced by the

Director-General of

Health, more than 2000 delegates have attended in the past 7 years.

ST

# 154

Currently, MMI has 154 active associates, from 45 institutions, representing 6 countries.

# 130,000

Last year, in 2019, we raised more than RM130,000.00 of fund for charity with 2500 participants during our MMI X-traordinary, a run for Down Syndrome awareness.

Our maiden event was organised in Kuala Lumpur with the title "Medicine in Malaysia" conference which was attended by more than 300 attendees

# 1000

The first Malaysian Medical Student Summit to be organised had more than 1000 attendees.

## 8000

More than 8000 medical students have attended our events in the past 7 years.

## 2020

This is the year where we will expand our horizon to organise the first physician musician orchestra in South-East Asia.

MMI is celebrating its 7th year of establishment since 2014, with the 6th term currently in place.

## ADVOCACY

# Working towards Inclusivity and Diversity in Medical Education

We believe that our diverse community of medical students deserve respect, empowerment, and justice in their daily day to day affair. Any action that constitute discrimination, with or without intention to hinder progress of an individual violates this ideal.

Race, Ethnicity, Gender Identity, Sexuality, and Culture in Health (REGIS) Initiative is our signature effort in contributing towards the betterment of inclusivity and diversity in medical education via independent research and public campaign to affect policy making.

### **Empowering Health Professionals with Positive Mental Health Culture**

Whilst mental health conversation and professional disclosure remain controversial in many society, we believe in acceptance and supportive approach as oppose to patronising and punitive approach.

**Humans of Medicine** is our key effort to connect our diverse community of medical students with key figures who excel beyond the field of medicine with aim to cultivate the ideal of work-life balance. Our mantra remains, being a doctor doesn't mean one need to forgone the small little/joy in life.

# Inspiring Reform for Quality and Holistic Medical Education

**Reform in Medical Education (RIME) Initiative** focus on influencing policy maker decision to improve the experience of medical students at school in terms of curricula development, and practical experience.

Over the years, we have partnered with various stakeholders including the Ministry of Health Malaysia, Malaysian Medical Association, the various society and medical student clubs, and Malaysian medical students from home and abroad to voice out and address issues affecting our doctors of tomorrow.

# FLAGSHIP EVENTS

THIS IS HOW IT ALL STARTED

Since its inception in 2014, MMI has organise more than 100 events which have collectively impacted more than 8000 medical students from home and abroad. While our platform has helped nurture future doctor-leaders, we have also created multiple notable projects. Some of these projects includes Specialising our **Opportunities** Symposium (SOS), MMI Making An Inform Decision (MAID) and the annual Malaysian Medical Summit. While SOS has helped enlightened the specialising pathways in Malaysia and the parallel exams that students can pursue, MMI MAID aims to help aspiring future doctors into studying medicine by making an informed choice on their career option. Over the course of the past 6 years, we have had six instalments of MAID and Summit. our Till date, our Malaysian Medical Summit and MAID forms part of our core annual projects.

### **MALAYSIAN MEDICAL SUMMIT**



The first **Malaysian Medical Student Summit** took place with over 600 Malaysian medical students hailing from over 50 medical institutions across 10 different countries - the largest of its kind in Malaysia. Since then, the summit has remained as our annual flagship event.

#### INTRODUCTION

Prior to the first Malaysian Medical Student Summit in 2015, the first national-level conference MMI had organised was the Medicine of Malaysia Conference, with more than 300 medical students, it was a joint collaboration with UKEC and TalentCorp. Since MMI's inception in 2014, there felt a need to organise larger conferences, pooling policy-makers and pertinent healthcare professionals to help educate Malaysian medical students regarding current healthcare issues. Malaysians studying abroad will be introduced to our current healthcare system and specialising pathways. Every year, specific dialogue sessions or panel discussions will be organised in retrospect with relevant issues that had occurred.

#### Our aims are to

- connect students studying abroad with local students, providing a platform of networking and experience sharing;
- educate 'students about our current healthcare landscape, as well as recent issues pertaining to health, and
- cultivate in medical students to equip themselves with knowledge in not just medical education, but also hospital and healthcare management, policy and relevant healthcare-related agendas.

#### **PAST SUMMIT**

2015

The first Malaysian Medical Student Summit was attended by over 1000 delegates and was graced by the Director General of Health Datuk Dr Noor Hisham Abdullah

# **2016** Future of Malaysian Medicine

## **2017** Transcending Boundaries

#### **2018** The Bigger Picture

With "The Bigger Picture", issues pertaining to medical education and medical training were heavily emphasised on. The Summit was also graced by both the Director General Datuk Dr Noor Hisham and Deputy Minister of Health, Dr. Lee Boon Chye.

#### **2019** The Good Doctor

"The Good Doctor" is centre on issues surrounding patient-doctor interaction and toxic work culture.

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### MAKING AN INFORMED DECISION



#### INTRODUCTION

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related agendas.

WHAT DOES MAID CONSISTS OF?

MMI MAID is a dedicated one day event filled with programs that are intended to help pre-medical students understand the work of a medical student and the responsibilities of a doctor. During the one day event, participants are taught to do basic **history taking** and perform basic **physical examination**.

Participants are later exposed to **problem-based learning** in which participants are exposed to cases and are taught on how to tackle issues related to it. Participants are also given the opportunity to meet patients though a session called **bedside teaching**.

# Upcoming Flagship Event

# MUSICUS MEDICUS

This will soon be South East Asia's first Malaysian medical student-led *Musician Physician* ensemble.

It is no longer a secret that many doctors would rather put down their musical instrument than to ever let go of their stethoscope. The idea to bring about our everyday heroes together through music was born with the hope that our hardworking medical professionals can now take up their passion once again, destress through practice for the recital, and perform in a star-studded charity concert to inspire many of their colleagues.



# a new initiative

## Humans of Medicine

A step in humanising medicine, creating a new perspective worth reading for.

Addressing concerns of people beyond just talking about their disease, conversations about anxiety, socialeconomical issues and respecting the individual holistically is what Humans of Medicine is about. It is a one weekly publication starting from February 2020 until August 2020. Every issue will bring a new perspective of individuals consisting of medical students and healthcare workers.

### INTERNATIONAL AMBASSADOR WHAT DO YOU DO?

Just like every ambassador, they are essentially diplomats. Our ambassadors will primarily act to represent MMI and propogate our advocacy priorities through means of uniting Malaysians within their local district, state, region or country.

International Ambassadors (IAs) will play crucial roles with MMI to establish a global network via collaborative and elective opportunities between societies and organisations of different country origin.

While IAs can serve to establish those opportunities, IAs can also play integral role in executive functioning of the organisation by partaking specific projects organised by MMI collectively.

### **ROLES OF INTERNATIONAL AMBASSADOR**

To represent MMI through means of connect, educate and cultivate with Malaysians within the local campus, district, region or country.



To unify all Malaysians through various project activities such as **Connect** (meet-up sessions) and **educational sessions** which may serve to benefit the students.



To be in direct liaison with the Executive Council of MMI; partake activities under the Executive Council alongside propagating MMI's advocacy priorities.

### NEXT STEP IN BEING AN INTERNATIONAL AMBASSADOR?

Once you have been appointed as IA, the immediate next step is to have a meeting with the Executive Council Co-Chair to discuss about

 your role as IA and your potential impact;
succession timeline and continuity of IA in your campus, state, region or country;
activities that you can or want to conduct, and
your role in MMI and what you can stand to benefit from being an IA of MMI.

MMI stands to connect, educate and cultivate. Being an international ambassador means you will be part of a global network of medical students and doctors.

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